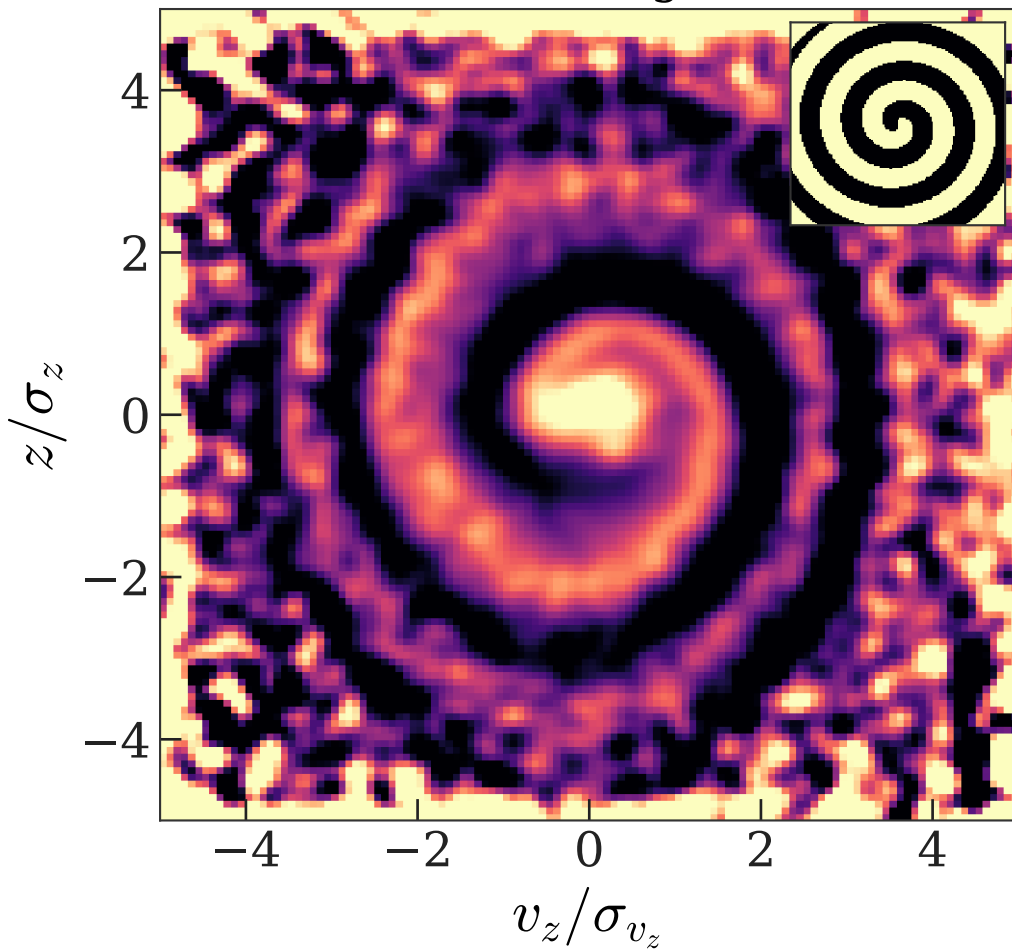


# Phase-space Spirals in Gaia DR3 (Hunt, P-W et al. 2022)

$m = 1$  bending mode



$m = 2$  breathing mode

